

Welcome to **Mottagning ANOVA** at Norra Stationsgatan 69, 4tr, in Stockholm. ANOVA is **NOT** at the Karolinska University Hospital area in Solna, but within walking distance from there (see map below).

You have been referred for follow-up your vasectomy. **You must make your own appointment** in one of two ways:

- Follow instructions in the application ("app") **Alltid Öppet** (in Swedish) and choose an appointment that suits you. If there is no available time in Alltid Öppet, try searching ANOVA in **1177.se**. See also <http://www.anova.se>
- You can also call our answering machine ☎ **08-1237 3200** and choose alternative 3 and we will call back as soon as possible.

**Fee:** 275 kr. Högkostnadsskydd is valid. Only payment by card or invoice is possible. Bring **your ID**, and **the referral from your doctor** if you have it. If you fail to appear at an appointment or cancel less than 24 hours in advance the fee is 400 kr according to present patient fees by Region Stockholm. Högkostnadsskydd is not applicable for failure to appear or late cancelling.

**Before your visit:** For an adequate assessment of the semen sample, you should abstain from ejaculation for at least 2 days and at most 4 days. Best results are obtained if the sample (ejaculate) is collected by masturbation in a room at the laboratory. Any use of lubricants should be avoided since that could give erroneous results.

**NOTE! Childcare is not available at the ANOVA. Individuals under the age of 18 years are not allowed in the room while collecting the sample.**

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**Please, read the questions below. We need this information for best interpretation of results.**

Normally parts of the ejaculate are saved with information of patient care data, for your own treatment, laboratory method and quality development, training of staff and research purposes. No part of the sample will be used for infertility treatment of other couples. *According to the Swedish Law on Biobanks we ask you to certify that you have been given this information:*

I have been informed that parts of the sample can be saved:  (signature)

**Information about sample collection:** Personal ID number

First name  Last name

Date for most recent ejaculation before today  202 - - Today's sample collected at  :

Collection by: Masturbation ☐ Other:

Complete collection?	Yes <input type="checkbox"/>	No:	missed in beginning <input type="checkbox"/>
			missed in middle <input type="checkbox"/>
			missed at the end <input type="checkbox"/>

Infections, dental problems, high fever, vaccinations, surgery, pharmaceutical or naturopathic preparations the last 6 months.

ID checked:  (Signed by laboratory staff member)

## Andrological Investigation

The purpose is to identify men with semen abnormalities and offer a full andrological investigation. For men with acceptable results continued attempts for spontaneous pregnancy or by Assisted Reproductive Technologies (IVF) is recommended.

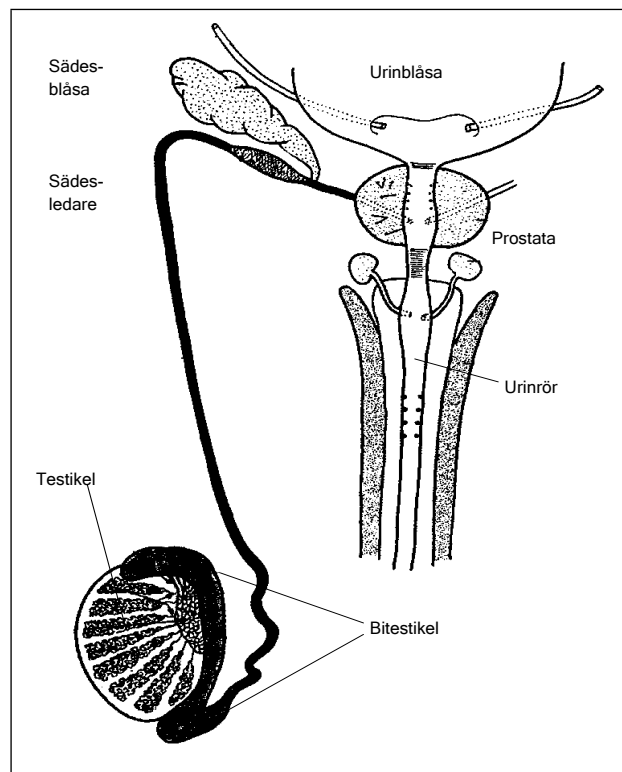
**Results from semen examination** provides information about sperm production in the testicles and the transport to the urethra. The investigation also tells about sperm ability to move. In an ejaculate, spermatozoa constitute less than 1/10,000 of the total ejaculate volume. The main part of the ejaculate mainly origin from the seminal vesicles (2/3) and the prostate (1/3). Analysis of the seminal fluid gives information about the functional capacity of the prostate and the seminal vesicle. Spermatozoa found in an ejaculate started to form almost 3 months before and have for some days been stored in the epididymides. Infections with sever inflammatory reaction (e.g. influenza and dental infections) the last 3-6 months can influence the spermatozoa examined.

## Miss at collection of specimen

It is essential that the whole ejaculate is collected. If any part of the ejaculate is not collected you must tell that when the specimen is delivered to the laboratory. The last droplets often remain at the opening of the urethra and this not necessary to report.

## RESULTS

Results of the semen examination will be sent to your doctor.



## Comments/complaints:

Comments complaints are to be submitted to 1177 Vårdguiden's e-services or [Synpunkter och klagomål](#) and are handled according to our guidelines.

## You will reach us with:

- **Pendeltåg.** Station **Stockholm Odenplan** – Exit: Vanadisvägen/Dalagatan
- **Tunnelbana:** Station **St Eriksplan / Odenplan**.
- **Buss:** **3, 6, 77, 507**. Stop: **Torsplan**
- **Parking:**
  - Karolinska University Hospital – visitor parking (30 SEK per hour) 10-15 minutes' walk to ANOVA
  - Subject to higher fee, parking garage under **Torsplan**, entrance from Norra Stationsgatan

